

AMENITIES

These amenities contribute to a comfortable and well-rounded living environment, fostering a sense of community and enhancing the overall quality of life for residents in our facility.

- Private and Semi-Private Suites
- Private Suites for Rehabilitation
- Religious Services
- TVs and Internet Access
- Lounges and Activity Areas
- Full-Service Dining Options
- Phones Provided for Each Guest
- iPads and Laptops Available
- Pet Therapy
- Onsite Assessments
- Gardens and Open-Air Courtyards
- Housekeeping Services
- Laundry and Linen Services

OUR MISSION

Holistic Care

Provide personalized, integrated care that considers the total well-being of guests and their families, surpassing expectations.

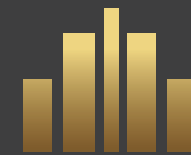
Individualized Care

Foster an empathetic and respectful culture, dedicated to understanding and meeting individual preferences and needs to ensure guests feel at home and achieve optimal health outcomes.

Going Beyond

Demonstrate genuine care by going beyond traditional caregiving, making the well-being of our guests our primary purpose.

**HEALTHCARE
DONE RIGHT**



Saint Benedict

CITADEL HEALTHCARE

CITADEL AT SAINT BENEDICT
6930 West Touhy Avenue • Niles, IL 60714
847-647-0003

Visit us at [CITADELHEALTHCARE.COM](https://www.CITADELHEALTHCARE.COM) to learn more.

HOW HEALTHCARE **SHOULD** BE

FIND INDEPENDENCE AT THE CITADEL AT SAINT BENEDICT

Live your retirement how you want, where you want at the Citadel at Saint Benedict. Enjoy the combination of security, cultural opportunities, and city conveniences nearby.

The Citadel at Saint Benedict invites you to fully embrace a maintenance-free residence and all the freedom and opportunity that comes with it. Consider the comfort of not needing to make another move, even if your health situation changes. You can move seamlessly between independent living, rehabilitation, memory care and skilled nursing as your healthcare needs evolve.

Saint Benedict's Catholic roots inspire devoted, compassionate caregivers to serve the mind, body and spiritual needs of you and your family. Whatever your faith, we welcome you.



SERVICES

24-Hour Nursing Care

With staff continually on site, guests can expect exceptional care around the clock. We have trained nurses available for wound care, medication management, complex and bariatric care.

Palliative Care

Focused on enhancing quality of life, our palliative care team offers compassionate support, relieving suffering, and respecting guests' values and preferences throughout their disease progression.

Short-term Rehab

Ideal for post-surgery recovery, our short-term rehab program maximizes functional capacity, enabling a swift return home. Skilled therapists provide targeted therapies, ensuring a quicker recovery process.

Long-term Care

Our 24/7 clinical support caters to long-term residents' needs, offering assistance with daily activities, medication management, wound care, and restorative therapies, fostering a supportive and comfortable living environment.

Respite Stays

Providing short-term relief for caregivers, our respite care services cater to various care levels, including memory care and skilled nursing. It offers a break for caregivers while ensuring a safe and supportive environment for their loved ones.

Alzheimer, Dementia & Memory Support

Experience unparalleled care for individuals with Alzheimer's and related dementias through specially trained staff offering memory loss and socialization. Our holistic services include advanced therapies, stimulating activities, and family support in a secure, home-like atmosphere.

Hospice Care

Our specialized hospice care prioritizes comfort and dignity for guests during advanced illnesses, allowing them to embrace each day to the fullest, supported by our compassionate staff.

Independent living

For the freedom of an active life without the burden of home maintenance, independent living is the right choice. It's the life you want, with a host of helpful services just outside your door.

We don't just offer care for you, *We care about you.*

What sets Citadel Healthcare apart is its commitment to going above and beyond for our guests. The organization employs compassionate caregivers and offers custom amenities to create an environment that fosters comfort, support, and positivity. The care plans are tailored to meet the unique needs of each guest, acknowledging the diversity of individuals and their respective health journeys.

